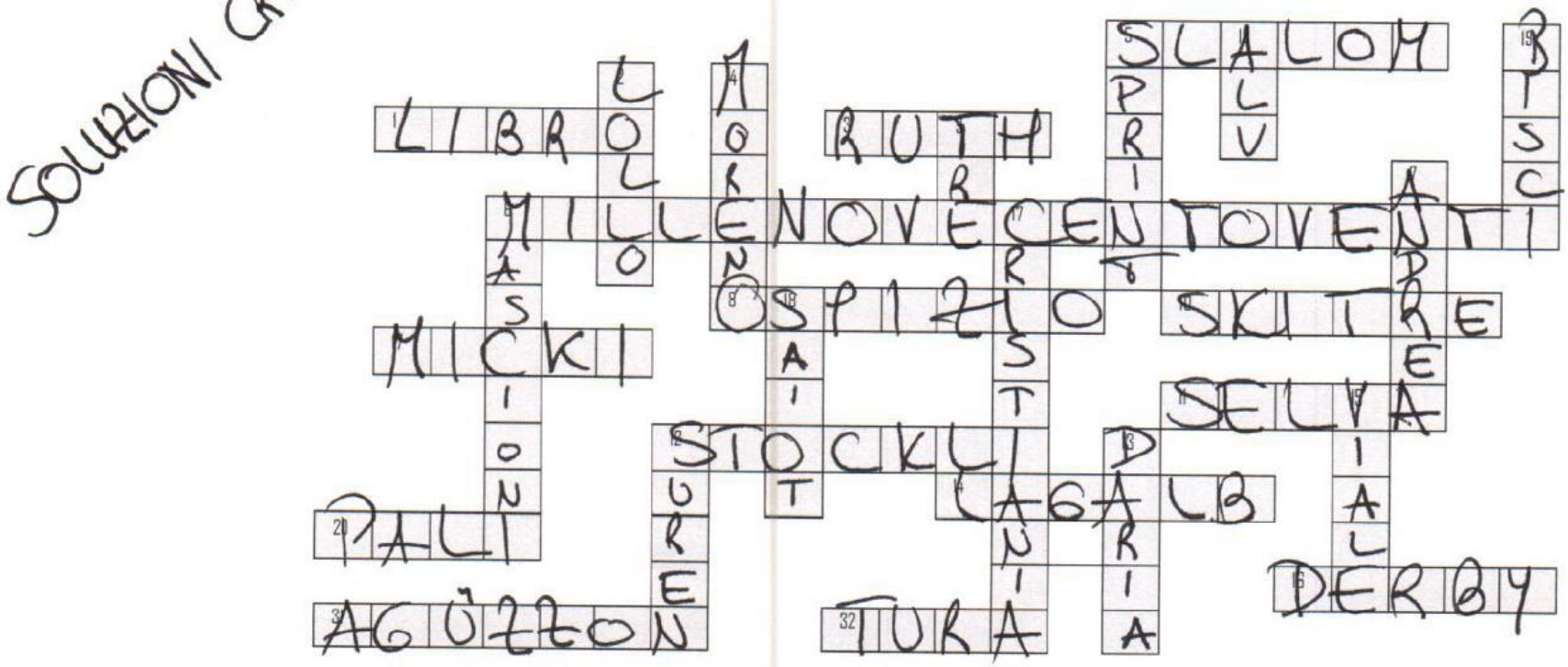SOLUZIONI CRUCI